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Past Presenters Include:



A life-long fascination with the human heart/mind/spirit drives **Rachel Fields** in her work supporting people as they connect with their soul longings, helping to remove obstacles, and guiding them down a clear path to what they seek. This drive took her to India twice – a year-long pilgrimage seeking knowledge from traditional gurus, and then to study Ayurveda. After completing her degree in Religion, Rachel pursued different avenues to continue her own inner development – meditation in the Dzogchen and Kashmir Shaivism traditions, solo wilderness fasting journeys, Core Energetics, Priestess Path, 5Rhythms® movement meditation, and more. Rachel is honored and excited to join with the SpiritFire community to explore how it's possible to manifest the lives we dream about.